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each other to live as "one body" also allowed them to operate collectively and ward off the demoralizing effects of exploitation. A central element in their religious attitude was a sense of individual honor. Love for their fellows, and a respectful disposition would find favor with God. This orientation was often expressed in terms of "manners." "A Christian is mannerable," the Gullahs were fond of saying. One Gullah soldier, in his supplications to heaven, implored, "Let me lib so dat when I die I shall *hab* manners." Northern teacher Harriet Ware described an old Gullah woman, Widow Bedotte, who had been driven insane by watching her master whip her daughter to death; "very sad it is to hear her talk," wrote Ware. Yet, although Widow Bedotte's epithets against her master and the rebels were voluble and denunciatory, "she prides herself upon her good manners, which she says she gets because she belongs to the church, which every now and then she joins again." Charlotte Forten observed the Gullahs' attitude toward each other:

> These people are exceedingly polite in their manner towards each other, each new arrival bowing, scraping his feet and shaking hands with the others, while there are constant greetings such as, "Huddy? How's yer lady?" ("howd' ye do? How's your wife?") The hand-shaking is performed with the greatest possible solemnity. There is never the faintest shadow of a smile on anybody's face during this performance. The children, too are taught to be very polite to their elders, and it is the rarest thing to hear a disrespectful word from a child to his parent, or to any grown person. They have really what the New-Englanders call "beautiful manners."[9]

Despite enslavement and poverty, the Gullahs maintained a generous attitude, never allowing one of their number to go without food or shelter. Kinship was important, but the Gullah concept of a household did not necessarily mean filial attachment, but all those living within a family and community structure, with the rights, duties, and privileges therein. While there were many children without parents because of the ravages of bondage, reportedly there were no orphans on the Sea Islands. Gullahs were also fond of bestowing presents upon their Northern benefactors, or anyone whom they considered a friend. Gifts of sweet potatoes, peanuts, and eggs which had a special spiritual significance and were rather expensive, were often offered to visitors. "They feel hurt if their presents are refused," wrote Laura Towne. "Old Susannah often sends to table, fish and other extras. They don't want pay. No indeed."[10]

While the Christian example contributed to inspiring a kindred spirit, the Gullah's sense of charity also had another source. African peoples